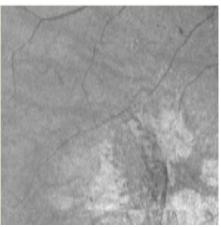
Eccentric Viewing

Unfortunately it is not possible to cure or treat all people with macular degeneration. It is also unfortunate that macular degeneration affects the very centre of the vision. Central vision is key to reading and seen fine detail. It is the loss of the ability to read easily that often frustrates people.

While the doctors may be treating your macular degeneration as best they can some people find it helpful to try to read using eccentric viewing.

In this example of a slab image of the OCT machine one can see that there are discrete islands of geographic atrophy which represents areas where the retina is missing. Therefore the vision will be somewhat broken up.



By using the areas of the retina that are still functioning properly one can train oneself to

read. This is the basis on how eccentric viewing works.

The macular disease society has been instrumental in training trainers for people with this type of macular disease.

Therefore to see if eccentric viewing will benefit yourself please contact the macular disease society on the telephone number below.

Eccentric Viewing Macula yup r Disease Society information 0845 241 2041



They also provide more information about eccentric viewing including a useful video on their website and the link is below. http://www.maculardisease.org/page.asp?section=125§ionTitle=Eccentric+Viewing

Mr. Nicholas Lee 2011 Lead Ophthalmic Clinician at The Hillingdon Hospital Consultant Ophthalmologist at The Western Eye Hospital